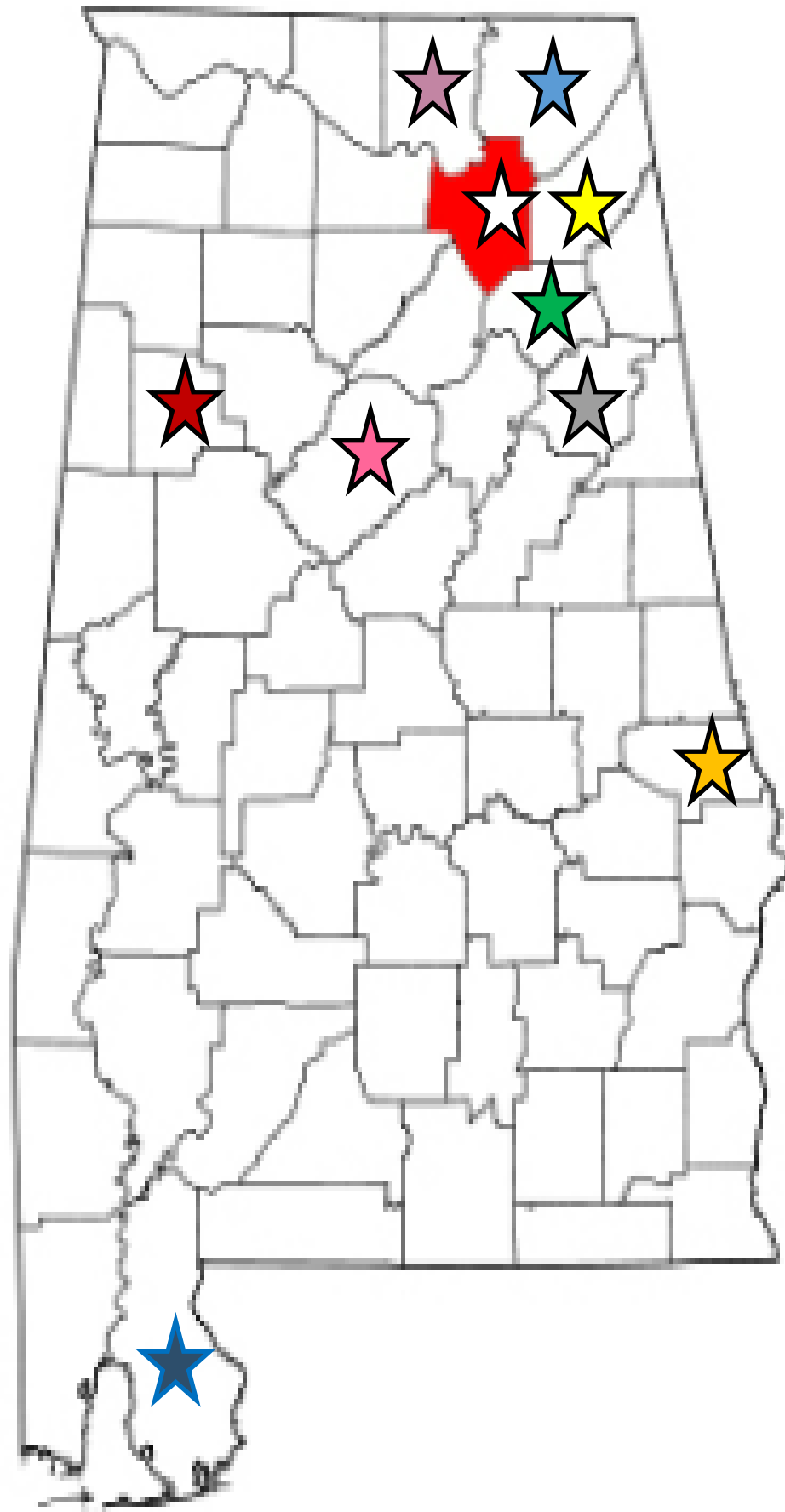


2023 HIKE

 ALABAMA

NEW YEAR...
NEW SCENERY...
NEW LOCATION
EACH MONTH



TRACK MYAH & TRISH
ON THEIR
HIKING JOURNEY
JOIN IN
BY ADDING YOUR
TRAVELS TO
#WINTHEDAY #2023SMPATREK
@ SAND MOUNTAIN PARK

1. NOCCALULA FALLS
2. WALLS OF JERICHO
3. MONTE SANO STATE PARK
4. OAK MTN STATE PARK
*MAMMOTH MARCH
5. BUCKS POCKET TO MORGANS COVE
6. CATHEDRAL CAVERNS
7. LAKE GUNTERSVILLE STATE PARK
8. DESOTO STATE PARK
9. CHEWACLA
10. LAKE LURLEEN
11. GULF STATE PARK
12. TVA HONEYCOMB TRAIL