

# 2021 ARPA State Swim Meet - Warm Up Schedule

## Friday Morning

		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Lanes		07:30 - 07:55	07:55 - 08:20	08:20 - 08:45	08:45 - 09:10	09:10 - 09:35	09:35 - 09:45
Indoor Pool	1	Boaz	Madison	Opelika	Eufaula/Decatur/ Ft.Payne/BPR	Andelusia	Open
	2	Boaz	Madison	Opelika	Arab	Andelusia	Open
	3	Boaz	Madison	Athens	Arab	Andelusia	Open
	4	Boaz	Madison	Athens	Pratville	Tallasse	Open
	5	Albertville	Madison	Athens	Pratville	Tallasse	Dothan
	6	Albertville	Madison	Auburn	Pratville	Tallasse/ Jacksonville	Dothan
	7	Guntersville	Anniston	Auburn	Troy	Jacksonville	Dothan
	8	Guntersville	Scottsboro	Cullman	Florence/Valley	Jasper	Dothan
		Lane 8 & Session 6 Starts and 1-way sprints only					

Outdoor Pool	1	Scottsboro	Cullman	Florence	Jasper	Dothan	
	2	Scottsboro	Cullman	Florence/Valley	Jasper	Dothan	
	3	Scottsboro	Cullman	Valley	Jasper	Dothan	

Teams that warmup in the outside pool will get Lane 8 for starts and 1 way sprints in the following session

# 2021 ARPA State Swim Meet - Warm Up Schedule

## Saturday Morning

		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Lanes		07:30 - 07:55	07:55 - 08:20	08:20 - 08:45	08:45 - 09:10	09:10 - 09:35	09:35 - 09:45
Indoor Pool	1	Dothan	Eufaula/Decatur/ Talladega/BPR	Madison	Valley	Boaz	Open
	2	Dothan	Jasper	Madison	Scottsboro	Boaz	Open
	3	Dothan	Jasper	Madison	Scottsboro	Boaz	Open
	4	Tallasse	Jasper	Madison	Scottsboro	Boaz	Open
	5	Tallasse	Auburn	Madison	Cullman	Boaz	Guntersville
	6	Arab	Auburn	Madison	Cullman	Florence	Guntersville
	7	Arab	Jacksonville	Madison	Cullman	Albertville	Guntersville
	8	Troy	Andelusia	Pratville	Opelika/Anniston	Athens	Guntersville
		Lane 8 & Session 6 Starts and 1-way sprints only					

Outdoor Pool	1	Andelusia	Pratville	Opelika	Athens	Guntersville	
	2	Andelusia	Pratville	Opelika	Athens	Guntersville	
	3	Andelusia	Pratville	Anniston	Athens	Guntersville	

Teams that warmup in the outside pool will get Lane 8 for starts and 1 way sprints in the following session